



# DOMINION HERBAL COLLEGE

North America's Oldest School of Herbal Medicine  
Designated by the BC Private Training Institutions Branch



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Institution #283

## CHARTERED HERBALIST DIPLOMA PROGRAM 1 YEAR DISTANCE LEARNING

### PROGRAM DESCRIPTION

This 1-year program is the original introductory level program of Herbal Medicine with thousands of students and graduates around the world. It emphasizes the herbal heritage of North America and provides a basic understanding of the human body and use of herbal therapeutics. The program includes Anatomy & Physiology and Materia Medica incorporating approximately 200 western herbs and encompassing botanical description, distribution, cultivation, harvest, constituents, properties, formulae & dosages and contraindications.

### CAREER OPPORTUNITIES

The Chartered Herbalist Diploma Program is a great way to learn about herbs, take better care of your family's health, complement your current profession, enhance job opportunities with a basic knowledge of herbs or begin a career in Herbal Medicine.

### LEARNING OBJECTIVES

Upon successful completion of this program, the student will have a basic understanding of the human body and use of herbal therapeutics.

### ADMISSION REQUIREMENTS

High School Diploma or High School Equivalency Diploma or Mature Student (19 years or older)

### PROGRAM DURATION

The program duration is 12 months (600 hours). Enrollment is continuous. Students can start at any time. Students have one year to complete the lessons and final exam.

### STUDY HOURS

The program consists of 600 hours of online, self-directed learning.

### DELIVERY & INSTRUCTIONAL METHODS

A distance learner at Dominion Herbal College is a self-motivated, independent individual who has the opportunity to receive a diploma in the field of Herbal Medicine as a Chartered Herbalist and maintains the flexibility to study while working, caring for a family or sustaining a busy lifestyle.

The Chartered Herbalist Diploma Program is delivered via asynchronous distance learning. The program is completed online using the Moodle learning management system.

### REQUIRED TECHNOLOGY

Students require a desktop, laptop or tablet computer; and reliable, high-speed internet access.

### REQUIRED TEXTBOOKS

Students are provided with three online books as read-only PDF files for the duration of the program. Students have the option to purchase hard-copy books.

## **PROGRAM ORGANIZATION**

### **BOOK 1**

**Lessons 1–21:** Anatomy & Physiology of the human body. A general outline of the body as a whole. All systems of the body are covered including the musculoskeletal, cardiovascular, digestive, urinary, integumentary, nervous and reproductive systems.

**Lessons 22–25:** Pathology and etiology of disease, general assessment and examination methods.

### **BOOK 2**

**Lessons 1–36:** Materia Medica. History of herbalism, fundamentals, principles and factors of scientific medicine, dietary considerations and herbal remedy preparations compounded and used in treatment. Botany, constituents, plant parts used and contra-indications. Approximately 200 North American, western and European herbs are included. Herbal stimulants, tonics, diuretics, diaphoretics, sudorifics, expectorants, demulcents, nervines, antispasmodics, alternatives, antiscorbutics astringents, cathartics, purgatives, anthelmics, emmenagogues, special lesson on lobelia and selected herbal formulae for various ailments. Symptoms of acute and chronic disease with the treatment and care of various conditions giving instructions and herbal formulae. When to gather various herbs and how to mature them for use, nomenclature, prescription writing, phrases and abbreviations.

### **BOOK 3**

This book was compiled by Ella Birzneck, RMT, MH, EP. Chronic diseases such as asthma, bronchitis, sinus, rheumatism and arthritis are covered. The glandular system, foods and exercises for eyes, soya bean milk and other soya bean recipes, “keep-well diet” herbal infusions, herbal decoctions, distillations, aromatic herbs, classification of certain herbs, tonics and formulae and baby food for babies and small children. Animal health care, environmental pollution and the “Herbal Alphabet” are also covered.

## **STUDENT ASSESSMENT**

The program consists of three books with questions at the end of the lessons and a final exam. The overall program mark is comprised of 30% lessons and 70% final exam. Lessons and the final exam are completed and submitted for evaluation and correction online using the Moodle learning management system. Students are assessed on the following grading system:

| <b>Grade</b> | <b>Percentage</b> | <b>Description</b>               |
|--------------|-------------------|----------------------------------|
| A            | 86-100            | Excellent                        |
| B            | 75-85             | Very Good                        |
| C            | 70-74             | Good                             |
| D            | 0-69              | Fail                             |
| INC          |                   | Academic Requirements Incomplete |

## **GRADUATION REQUIREMENTS**

A diploma will be issued upon successful completion of all academic requirements and financial obligations to Dominion Herbal College.