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DOMINION HERBAL COLLEGE

North America's Oldest School of Herbal Medicine

Designated by the Private Training Institutions Branch

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Institution #283

CLINICAL HERBAL THERAPY DIPLOMA PROGRAM

4 YEAR DISTANCE LEARNING

PROGRAM DESCRIPTION

This 4-year clinical program provides a comprehensive system of training which includes a study of the principles and philosophy of clinical herbal therapy, the definitions, constituents and pharmacology of medicinal plants, the human body in health and disease, clinical assessment techniques and a wide range of adjunctive subjects relevant to the practice of herbal therapeutics.

CAREER OPPORTUNITIES

This advanced clinical program of study in Herbal Medicine will prepare the student with the working knowledge and skills necessary to practice as a Clinical Herbal Therapist (CHT) or work in other areas of Herbal Medicine as an instructor, researcher, writer, retailer, medicine maker, consultant to the industry or a community resource person.

LEARNING OBJECTIVES

Upon successful completion of this program, the student will:

1. Have a sound knowledge of health sciences as they relate to Herbal Medicine.
2. Understand the roles that herbs, nutrition and lifestyle play in the maintenance of good health.
3. Be competent in the assessment and treatment of common disease states by phytotherapeutic and complementary means.
4. Have an understanding of the limitations of natural therapies and be able to recognize when a client needs to be referred to medical and/or other health professionals.
5. Be competent and effective in running a herbal clinic.

ADMISSION REQUIREMENTS

1. High School Diploma or High School Equivalency Diploma or Mature Student (19 years or older)
2. High School Level Chemistry or Dominion Herbal College Prerequisite Chemistry

PROGRAM DURATION

The program duration is four years. Each academic year is 12 months and runs from September through August.

STUDY HOURS

This program requires 20-30 hours per week of self-directed learning.

DELIVERY & INSTRUCTIONAL METHODS

A distance learner at Dominion Herbal College is a self-motivated, independent individual who has the opportunity to receive a diploma in the field of Herbal Medicine as a Clinical Herbal Therapist (CHT) and maintains the flexibility to study while working, caring for a family or sustaining a busy lifestyle.

The Clinical Herbal Therapy Diploma Program utilizes a combined delivery method of distance and on-site learning in which the course work is completed by self-directed learning together with a 2-day online seminar prior to midterm exams and final exams, completion of 510 supervised clinical training hours at Dominion Herbal College Approved Clinics during Year 2, Year 3 and Year 4 and a Final Practical Clinical Exam at the end of Year 4. The Dominion Herbal College approved student training clinics are currently located in British Columbia and Alberta, Canada.

ATTENDANCE EXPECTATIONS

Students are required to attend two 2-day online seminars in Year 1, Year 2, Year 3 and Year 4 respectively. Seminars are held in February and July. 510 supervised clinical training hours are mandatory and completed in-person at Dominion Herbal College Approved Clinics and online with Dominion Herbal College clinic supervisors as follows: 150 hours in Year 2, 180 hours in Year 3 and 180 hours in Year 4. Seminars and online clinical training are conducted via Microsoft Teams. The Final Practical Clinical Exam is administered on a designated date and time at Dominion Herbal College.

REQUIRED TEXTBOOKS

Students are provided with a *Required Textbook List* and *Supplementary Resources List* for each academic year.

REQUIRED EQUIPMENT

A clinic equipment list is provided in the *Clinical Training Profile* students receive at the commencement of Year 2.

STUDENT ASSESSMENT

The program materials consist of four modules comprised of various courses. Each course includes lessons with questions to be completed and submitted to the instructors for evaluation and correction by the due dates. For courses with a midterm exam and final exam, the overall course mark is comprised of 40% course lessons, 30% midterm exam and 30% final exam. For courses without a midterm exam and final exam, the overall course mark is comprised of 100% course lessons. Midterm exams and final exams must be written on dates and times designated by the College. Midterm exams and final exams are written online using the Moodle learning management system. Clinic assignment due dates are determined by the number of supervised clinical training hours completed. Students are assessed on the following grading system:

Grade	Percentage	Description
A	86-100	Excellent
B	75-85	Very Good
C	70-74	Good
D	1-69	Fail

GRADUATION REQUIREMENTS

A diploma will be issued upon successful completion of all academic requirements and financial obligations to Dominion Herbal College.

PROGRAM ORGANIZATION

COURSES

Year 1: Anatomy & Physiology, Biochemistry, Botany & Herbarium, Materia Medica I, Nutrition, Pharmacology, Pharmacy

Year 2: Anatomy, Clinical Assessment I, Materia Medica II, Pathology, Physiology

Year 3: Clinical Assessment II, Clinical Pathology I, Differential Assessment, Nutrition, Therapeutics

Year 4: Clinical Pathology II, Dermatology, Geriatrics, Gynecology/Obstetrics/Pediatrics, Medical Laboratory Science, Psychiatry

SEMINARS

Seminars are conducted via Microsoft Teams. Seminars will build on course work completed and prepare students for midterm exams and final exams. Students are provided with seminar schedules for their respective academic year.

CLINICAL TRAINING

510 supervised clinical training hours are mandatory and completed in-person at Dominion Herbal College Approved Clinics and online with Dominion Herbal College clinic supervisors via Microsoft Teams. The purpose of the Dominion Herbal College clinic experience is to prepare students to become Herbalists at a professional level through hands-on training with clients in a real-life setting. To accomplish this it is vital that students acquire competence and confidence in performing consultation and examination techniques; assessing the needs of the client by taking thorough case histories; recommending, formulating and dispensing the correct herbal remedies; and following through with individual treatment protocols. To achieve this it is necessary to set professional standards of practice. Dominion Herbal College Approved Clinics will ensure that students are well prepared in this regard.

PROFESSIONAL MEMBERSHIP IN HERBALIST ASSOCIATIONS

Graduates of the Clinical Herbal Therapy Diploma Program are eligible for professional membership in Herbalist associations in Canada and the United States including the British Columbia Herbalists Association, the Ontario Herbalists Association and the American Herbalists Guild.