



# DOMINION HERBAL COLLEGE

North America's Oldest School of Herbal Medicine  
Designated by the BC Private Training Institutions Regulatory Unit



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Institution #283

## HERBAL CONSULTING DIPLOMA PROGRAM 1 YEAR DISTANCE LEARNING

### PROGRAM DESCRIPTION

This 1-year program creates a balance between the western scientific approach to the study of Herbal Medicine and the traditional North American model. Students will have a sound knowledge of the basic health sciences as they relate to Herbal Medicine. Students will learn how to assess and formulate herbal products, become familiar with the efficacy and safe use of herbs, produce and market herbs for industry, and consult with customers in a knowledgeable and professional manner.

### CAREER OPPORTUNITIES

This advanced program of study will prepare the student with the working knowledge and skills necessary to become a competent Herbal Consultant. This program is suitable for individuals seeking employment in health food stores, herb shops & dispensaries, pharmacies, supermarkets, network marketing, online stores & marketplaces, or wherever herbs are sold; and for individuals producing, manufacturing, wholesaling or distributing herbs and herbal products.

### LEARNING OBJECTIVES

Upon successful completion of this program, the student will:

1. Be competent in the assessment and formulation of herbal products.
2. Be familiar with the efficacy and safe use of herbs.
3. Be able to produce and market herbs for industry.
4. Be able to consult with customers in a knowledgeable and professional manner.

### ADMISSION REQUIREMENTS

1. High School Level Chemistry or Dominion Herbal College Prerequisite Chemistry
2. Dominion Herbal College Chartered Herbalist Diploma Program
3. A non-native English speaker must provide evidence of English language proficiency as outlined in the *Language Proficiency Assessment Policy* on the Student Enrollment Contract.

### PROGRAM DURATION

The program duration is one year. The academic year is 12 months (1320 hours) from September through August.

### STUDY HOURS

This program requires 20-30 hours per week of self-directed learning.

### DELIVERY & INSTRUCTIONAL METHODS

A distance learner at Dominion Herbal College is a self-motivated, independent individual who has the opportunity to receive a diploma in the field of Herbal Medicine as a Herbal Consultant and maintains the flexibility to study while working, caring for a family or sustaining a busy lifestyle.

The Herbal Consulting Diploma Program is delivered via a combination of asynchronous and synchronous distance learning. Course work is completed by asynchronous distance learning with a 3-day online, synchronous seminar prior to midterm exams and final exams.

### ATTENDANCE EXPECTATIONS

Students are required to attend two 3-day online, synchronous seminars. Seminars are held in February and July and are conducted via Microsoft Teams.

### REQUIRED TECHNOLOGY

Students require a desktop, laptop or tablet computer; a webcam & microphone; and reliable, high-speed internet access.

## **REQUIRED TEXTBOOKS**

Students are provided with a *Required Textbook List* and *Supplementary Resources List*.

## **EQUIPMENT**

For the Pharmacy seminar class, students are provided with an ingredients list and an equipment list. Students are to purchase these items from an alternate source if they choose to participate hands-on during the Herbal Medicine Making.

## **STUDENT ASSESSMENT**

The program material consists of four modules comprised of various courses. Each course includes lessons with questions to be completed and submitted to the instructors for evaluation and correction by the due dates. Course lessons are completed and submitted online using the Moodle learning management system. For courses with a midterm exam and final exam, the overall course mark is comprised of 40% course lessons, 30% midterm exam and 30% final exam. For courses without a midterm exam and final exam, the overall course mark is comprised of 100% course lessons. Students will write midterm exams and final exams in Materia Medica I, Nutrition, Pathology and Pharmacology. Midterm exams and final exams must be written on dates and times designated by the College. Midterm exams and final exams are written online using the Moodle learning management system. Students are assessed on the following grading system:

<b>Grade</b>	<b>Percentage</b>	<b>Description</b>
A	86-100	Excellent
B	75-85	Very Good
C	70-74	Good
D	0-69	Fail
INC		Academic Requirements Incomplete

## **GRADUATION REQUIREMENTS**

A diploma will be issued upon successful completion of all academic requirements and financial obligations to Dominion Herbal College.

## **PROGRAM ORGANIZATION**

### **COURSES**

**Biochemistry** (180 hours): General principles of organic chemistry and biochemistry and their application to human physiology and phytochemistry, molecules; organization of the cell, pathways of metabolism and energy-providing reactions; sources of energy; biosynthetic pathways.

**Botany & Herbarium** (180 hours): The study of morphology; plant anatomy, histology and tissues; preparation and presentation of a herbarium.

**Materia Medica I** (180 hours): The use of popular herbs for the major body systems including: digestive, urinary, nervous, respiratory and musculoskeletal.

**Nutrition** (180 hours): Nutrition in illness and preventative therapy.

**Pathology** (240 hours): The study of different body systems in their diseased state.

**Pharmacology** (180 hours): The study of the groups of constituents of medicinal plants that give them their chemical properties and hence are responsible for many of the therapeutic actions experienced. The basic principles of pharmacokinetics, the study of the metabolic effects of the chemical constituents of herbs and the factors that influence the movement of any remedial substance through the body and its availability to the tissues.

**Pharmacy** (180 hours): Basic principles and processes of preparing medicines from plant material, methods of extraction of plants, principles of dispensing, prescription writing and posology for Herbal Medicine.

### **SEMINARS**

Students are required to attend two 3-day online, synchronous seminars. Seminars are held in February and July and are conducted via Microsoft Teams. Students are provided with seminar schedules.

Seminar lectures will build on the course work completed and assist students in preparing for midterm exams and final exams. The seminars will also cover the practical skills utilized when working in the herbal industry including assessing and formulating herbal products; dispensing; efficacy and safe use of herbs; producing and marketing herbs for industry; and consulting with customers in a knowledgeable and professional manner.

During the Pharmacy seminar class, students may choose to participate hands-on during the Herbal Medicine Making.